Double brick stitch begins with a looped ladder, with two beads in each stitch. Leave a 5” thread tail at the start. Tighten the thread before you begin the first added row; you should have the working thread emerging from the bottom of the opposite outer stitch.

To start the row, pick up the equivalent of two stitches (four beads, following the design chart) and run the thread into the adjacent loop on the bottom edge of the looped ladder. Run back through the last two beads and tighten the thread to form two stitches that sit neatly below the ladder.

Continue with two beads at a time, loop ing into the thread of the ladder, until the row is complete.

To decrease at the start of a row, loop farther inward when attaching the new beads. To extend a row outward, “ladder” out as far as needed, and then proceed as usual.